

TERM	A/B	AUTUMN TERM			TERM	A/B	SPRING TERM			TERM	A/B	SUMMER TERM		
WEEK		HEALTH & WELLBEING			WEEK		RELATIONSHIPS			WEEK		RELATIONSHIPS		
		Transition & Safety					Diversity					Building Relationships		
30-Aug	A	Introduction to U3 PSHE/Transition into Year 7			03-Jan	A	Identity, Rights & Responsibilities			18-Apr	B	Self-worth & Self-efficacy		
06-Sep	B	Dealing with Change			10-Jan	B	Living in a diverse society			25-Apr	A	Qualities & behaviours of positive relationships		
13-Sep	A	Emotions & being positive			17-Jan	A	How to challenge			02-May	B	Recognising unhealthy relationships		
20-Sep	B	Friendships			24-Jan	B	Signs & Effects of all types of bullying			09-May	A	Challenging media stereotypes		
27-Sep	A	Study Skills			31-Jan	A	How to respond to bullying			16-May	B	Romantic relationships		
04-Oct	B	Personal Safety - travel			07-Feb	B	How to support others			23-May	A	Consent		
11-Oct	A	Responding to an emergency												
19-Oct	B	Basic First Aid												
Half-Term					Half-Term					Half-Term				
		LIVING IN THE WIDER WORLD					HEALTH & WELLBEING					LIVING IN THE WIDER WORLD		
		Developing Skills & Aspirations					Health & Puberty					Financial Decision making		
01-Nov	A	Enterprise skills			21-Feb	A	Healthy lifestyle choices			06-Jun	B	Safe financial choices		
08-Nov	B	Personal Skills			28-Feb	B	Managing influences - caffeine, smoking & alc			13-Jun	A	Ethical & unethical business practices		
15-Nov	A	Careers & your future			07-Mar	A	Managing physical & emotional changes - pub			20-Jun	B	Consumerism		
22-Nov	B	Careers - abilities & qualities			14-Mar	B	Personal Hygiene			27-Jun	A	Saving, spending & budgeting		
29-Nov	A	Equality of Opportunity			21-Mar	A	Inappropriate & unwanted contact			04-Jul	B	Managing risk-taking behaviour		
06-Dec	B	Challenging stereotypes			28-Mar	B	FGM & How to access help & support							
13-Dec	A	Values & Career choices												

U3/Yr7 Long Term Overview 2021/22